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Instructions for Out-patient Endoscopy procedure (EGD):

Your procedure has been scheduled on _____ at _____ am/pm
at _____ office _____ NJSC. Pick up time (for NJSC patients only) _____ am/pm

IF YOU HAVE NOT HEARD FROM US

by 2:00 p.m. the day before your procedure, please call our office for your arrival time.

Appointment not confirmed by 2 PM will be cancelled

Four days Before Procedure starting on _____ (if you take any of listed below)

Do not take aspirin, ibuprofen, Advil, Aleve, or arthritis medications. You may use Tylenol and extra strength Tylenol.

Four Days Before Procedure starting on _____ (if you take any of listed below)

Do not take any blood thinners, such as Coumadin, Warfarin, Plavix unless advised by cardiologist or Primary Care Physician

24 Hours Before Procedure starting on _____ stop taking Xarelto, Prodaxa or Brilinta unless advised by cardiologist or Primary Care Physician

You may take all other medicines unless otherwise advised by Dr. Gorodokin.

If you have Asthma, use your inhaler as directed and bring it with you. You may brush your teeth in the morning

1. *If your procedure scheduled in the morning* your **last meal** should be not later than 7 p.m. the day before the procedure. You can drink clear liquids as much as you wish until midnight.
Nothing to drink or eat on the day of procedure
2. *If your procedure scheduled around noon*, you can drink only **clear liquids** and stop not later than 4 hours before scheduled time.

If you are a diabetic or have a high blood pressure, please speak to the doctor regarding your medications on the day of the procedure.

If you are a smoker, it is advised that you do not smoke at least 6 hours before the

You will be sedated for the procedure and should not drive or operate heavy machinery until the morning after the procedure.

3. **Responsible adult has to be available to take you home after the procedure.**

You should not drive a car, operate machinery, or ingest alcohol for at least 8 hours.

Please refrain from smoking and do not wear lipstick. Please **DO NOT** bring valuables **AND DO**

NOT wear jewelry when you have a procedure.

OUR MANAGEMENT IS NOT RESPONSIBLE FOR THE LOSS OF YOUR MONEY, JEWELRY OR VALUABLES OF ANY KIND.

You may bring slippers or footies and put on a T-shirt for your comfort.

We anticipate your stay with us to be 1,5 to 2 hours.